

Remote Work Home Office Setup Checklist (Preview)

The ergonomic and tax considerations most setup guides skip.

Step 1: Ergonomic Basics

Set monitor height at eye level, chair and desk height for 90-degree elbows, and keyboard/mouse within easy reach - the 3 changes that prevent most repetitive strain issues.

Get the Full Kit

Get the full version with all rows, formulas, and bonuses at daveways.com

Disclaimer

This product is educational and organizational material only. It is not financial, legal, medical, tax, or professional advice. Review decisions with a qualified professional where needed.