

Procrastination-Buster Task Breakdown Worksheet (Preview)

Forces every stuck task down to a concrete 2-minute first step.

Step 1: Name the Stuck Task

Write down exactly what's been sitting on your list, unstated, for more than a few days.

Get the Full Kit

Get the full version with all rows, formulas, and bonuses at daveways.com

Disclaimer

This product is educational and organizational material only. It is not financial, legal, medical, tax, or professional advice. Review decisions with a qualified professional where needed.