

Energy-Task Matching Planner (Preview)

Maps task difficulty against your own energy pattern, not a generic assumption.

Step 1: Map Your Real Energy Pattern

Track your actual energy level by hour for a few days before assuming you know your pattern - most people guess wrong about when they're sharpest.

Get the Full Kit

Get the full version with all rows, formulas, and bonuses at daveways.com

Disclaimer

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