

DAVEWAYS

Meal Planning & Grocery System

Printable household templates with blank and completed examples.

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Start Here	Blank Templates	Completed Example	Troubleshooting
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Household Snapshot

Household Details
Household Name
Start Date
Reviewed Every
Who Maintains This
Notes

Print Settings

Format	Best Use	Printer Note
US Letter	Home printing, binder, or wall use	Print at 100% or fit to page if clipping occurs.
A4	International home printing	Use fit to page and test one copy.
PDF Print	Print shop or copy service	Export/upload high quality PDF.

Weekly Meal Planner

Blank printable template. Replace bracketed prompts with your household's details. Keep entries short for easy scanning.

Weekly Meal Planner Template
Item / Task
Who / When
Status or Amount
Due or Next Date
Notes

Weekly Meal Planner Completed Example

Example for Weekly Meal Planner: use direct wording, one entry per line, and avoid crowding the page. This is intentionally generic so households can adapt it to their own routine.

Weekly Meal Planner Example Entry
Item: Sample entry
Status: Sample status
Note: Sample instruction

Grocery List by Aisle

Blank printable template. Replace bracketed prompts with your household's details. Keep entries short for easy scanning.

Grocery List by Aisle Template	
Item / Task	
Who / When	
Status or Amount	
Due or Next Date	
Notes	

Grocery List by Aisle Completed Example

Example for Grocery List by Aisle: use direct wording, one entry per line, and avoid crowding the page. This is intentionally generic so households can adapt it to their own routine.

Grocery List by Aisle Example Entry	
Item:	Sample entry
Status:	Sample status
Note:	Sample instruction

Pantry Inventory

Blank printable template. Replace bracketed prompts with your household's details. Keep entries short for easy scanning.

Pantry Inventory Template	
Item / Task	
Who / When	
Status or Amount	
Due or Next Date	
Notes	

Pantry Inventory Completed Example

Example for Pantry Inventory: use direct wording, one entry per line, and avoid crowding the page. This is intentionally generic so households can adapt it to their own routine.

Pantry Inventory Example Entry
Item: Sample entry
Status: Sample status
Note: Sample instruction

Recipe Card

Blank printable template. Replace bracketed prompts with your household's details. Keep entries short for easy scanning.

Recipe Card Template
Item / Task
Who / When
Status or Amount
Due or Next Date
Notes

Recipe Card Completed Example

Example for Recipe Card: use direct wording, one entry per line, and avoid crowding the page. This is intentionally generic so households can adapt it to their own routine.

Recipe Card Example Entry
Item: Sample entry
Status: Sample status
Note: Sample instruction

Meal Prep Checklist

Blank printable template. Replace bracketed prompts with your household's details. Keep entries short for easy scanning.

Meal Prep Checklist Template
Item / Task
Who / When
Status or Amount
Due or Next Date
Notes

Meal Prep Checklist Completed Example

Example for Meal Prep Checklist: use direct wording, one entry per line, and avoid crowding the page. This is intentionally generic so households can adapt it to their own routine.

Meal Prep Checklist Example Entry
Item: Sample entry
Status: Sample status
Note: Sample instruction

Leftover Tracker

Blank printable template. Replace bracketed prompts with your household's details. Keep entries short for easy scanning.

Leftover Tracker Template	
Item / Task	
Who / When	
Status or Amount	
Due or Next Date	
Notes	

Leftover Tracker Completed Example

Example for Leftover Tracker: use direct wording, one entry per line, and avoid crowding the page. This is intentionally generic so households can adapt it to their own routine.

Leftover Tracker Example Entry
Item: Sample entry
Status: Sample status
Note: Sample instruction

Final Review Checklist

Check	Done
Names and dates confirmed	
Contact information current	
One test page printed	
Filed in binder or posted where household can see it	
Next review date set	